

AgrAbility Resource List*

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agrability.agsci.colostate.edu

CSUE Fact Sheets are available via 970/491-6198 or via

<http://extension.colostate.edu/topic-areas/family-home-consumer/?target=publications#family>

- Children’s anger and tantrums (no. 10.248)
- Youth and suicide (no. 10.213)
- Managing stress during tough times (no. 10.255)
- Making decisions and coping well with drought (no. 10.256)
- Farming and ranching: Health hazard or opportunity? (no. 10.201)
- Ranching and farming with family members (no. 10.217)
- Transitions and changes: Who copes well? (no. 10.215)
- Transitions and changes: Practical strategies for making new beginnings (no. 10.214)
- Dealing with our anger (no. 10.236)
- Dealing with others’ anger (no. 10.237)
- Dealing with couples’ anger (no. 10.238)
- 10 tips for successful family meetings (no. 10.249)

Goodwill Industries of Denver

6850 Federal Blvd.
Denver, CO 80221

Colorado AgrAbility serves owners, operators, hired hands, and farm workers.

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For **Communicating with Farmers under Stress** at Michigan State University Extension, click on the following link.

http://msue.anr.msu.edu/news/communicating_with_farmers_under_stress

For an online course on **How to Handle Stress on the Farm** at Michigan State University Extension, click on the link below.

http://www.canr.msu.edu/managing_farm_stress/online_course_how_to_handle_stress_on_the_farm

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National AgrAbility Project Resources

Purdue University, 1-800-825-4264 www.agrability.org

The Toolbox Assistive Technology Database: www.agrability.org/toolbox/

Purdue University Breaking New Ground Resource Center 765/494-5088 (Voice/TT) 800/825-4264, www.breakingnewground.info

- 1) *The Toolbox: Agricultural Tools, Equipment, Machinery and Buildings for Farmers and Ranchers with Physical Disabilities.*
- 2) *Alternative Financing Programs for Assistive Technology.*
- 3) *Modified Agricultural Equipment: Manlifts for Farmers and Ranchers with Physical Handicaps.*
- 4) Technical Articles.

Other Resources:

Job Access is a comprehensive web site dedicated to the employment of people with disabilities. The goal is to provide employment opportunities for people with disabilities with the hope of reducing their 70% unemployment rate.

<https://abilityjobs.com>

The EnableLinker, *Canadian Abilities Foundation* at the following web site, www.abilities.ca **sometimes has items**, such as cars with hand controls, modified vans, scooters, etc., listed under their classifieds link. It might be worth checking from time to time, if you happen to be looking for any such items.

If you're interested in **alternative fuel sources** like biodiesel, ethanol, solar, and wind power, take a look at ICAST (International Center for Appropriate and Sustainable Technology) www.icastusa.org.

The **Office of Women's Health** provides summaries about critical health issues for a variety of disabilities. It is designed to provide information on how women are uniquely affected by health concerns that threaten the general population, as well as on health issues that are exclusive to women. They provide a toll-free information number (1-800-994WOMAN) and a hotline at 1-800-994-9662 (voice) or 1-800-220-5446 (TTY).

<https://www.womenshealth.gov>

Guidelines for Children's Agricultural Tasks. Parents who want their children to be safe in agriculture can obtain guidelines. The guidelines were prepared by a team of more than 150 farm parents, teen workers, agricultural safety and child development specialists and others led by the National Children's Center for Rural and Agricultural Health and Safety, MCHB's Safety Network grantee, in Marshfield, WI.

<https://www.cultivatesafety.org>

Pesticide Worker Safety Information is available: <https://www.epa.gov/pesticides/>

Depression is a serious, life-threatening condition that affects an estimated 19 million Americans. Knowing the signs and symptoms can help people know when to seek professional help.

<https://www.depression.org>

www.allaboutdepression.com

<https://www.nimh.nih.gov/health/publications/depression-listening.shtml>

<https://medlineplus.gov/depression.html>

Find Behavioral Health Help via the Colorado Department of Human Services.

<https://www.colorado.gov/pacific/cdhs/find-behavioral-health-help>

Free depression screening assessments are available at the following Colorado facilities:

Jefferson Center for Mental Health

303-425-0300

Depressive and Manic Depressive Assoc., Colorado Springs

719-477-1515

Mental Health Assoc., Colorado Springs

719-633-4601

Counseling & Educational Services Clinic, Denver

303-871-3230

Interactions Counseling, P.C., Englewood

303-796-7908

Remember to look in the front of your telephone book for a place that is close to you.

1-800-SUICIDE (1-800-273-8255) is a suicide prevention, crisis intervention, and referral telephone number. It offers a live human being to listen to depressed and suicidal callers and refer them to local resources 24 hours per day.

TherapistLocator.net is a good resource for finding **marriage and family therapists** in your area. <http://therapistlocator.net>

To find local behavioral health professionals, you can go to the following web sites:

<http://therapistlocator.net/>.

<https://www.psychologytoday.com>

http://www.networktherapy.com/directory/find_therapist.asp

<http://therapists.americanmentalhealth.com/therapistlocator.page1>

For Fact Sheets on Prevention of Opioid Abuse, Overdose, and Suicide:

Five Things to Know About the Opioid Epidemic

http://msue.anr.msu.edu/uploads/resources/pdfs/Opioid_Response_WCAG_2.08.pdf

Prevention and Behavioral Health

<https://www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health>

Prevention of Substance Abuse and Mental Illness

<https://www.samhsa.gov/prevention>

Data Sources for Opioid Abuse, Overdose, and Suicide

<https://www.samhsa.gov/capt/sites/default/files/resources/handout-1-data-sources-for-opioid-abuse-overdose-and-suicide.pdf>

Preventing Opioid Abuse, Overdose, and Suicide: Select Resources

<https://www.samhsa.gov/capt/sites/default/files/resources/handout-2-preventing-opioid-abuse-overdose-and-suicide-select-resources.pdf>

Five Information Sheets

<https://www.samhsa.gov/capt/sites/default/files/resources/behavioral-health-factsheet.pdf>